



RECOMMENDATIONS FOR FINDING A MODEL FOR POSITIONING TRAINING

By Louise Miller, RT(R)(M)

1. Ask the technologists participating in the training if any of them want to model for the demonstration. Tell them that while they will have an opportunity to position with another model (maybe another tech), they will actually learn *more* about positioning by “feeling” it for themselves. Usually once one tech jumps in, the others follow. 😊
2. Ask office staff to be volunteers. Maybe it is their day off or they can step away from their position for the time needed.
3. Offer Incentives: Free lunch, Amazon gift cards, Starbucks cards. Even for \$25... they will be more motivated.
4. Ask staff if they have moms, sisters, grandmas or friends who would volunteer. Most will do it for free.
5. Call the American Cancer Society. They usually have a “Reach to Recovery” group for survivors. Breast cancer survivors are often very interested in helping out. It’s okay if they had a unilateral mastectomy or lumpectomy, but obviously no bilaterals. If the woman has had reconstruction on one side that is fine too. However, she needs to have one “normal” breast. Kind of an odd question to ask, but most women who serve as volunteers after their breast cancer experience are very comfortable sharing this information.
6. If none of the above suggestions work, you may have to find an “artist model” in the local area. This could cost about \$100/hr. If you offer a tech or staff member (try to get them to volunteer) \$50 for the session, they will usually go for it. I only had to do this *one time* in my entire career. I had an artist’s model all lined up and then when the technologists found out I was going to pay, about 4 of them volunteered! They may say “no one will volunteer” but money is always a motivator.

If you are still struggling to find a model, reach out to us at Mammography Educators and we’ll help you out!